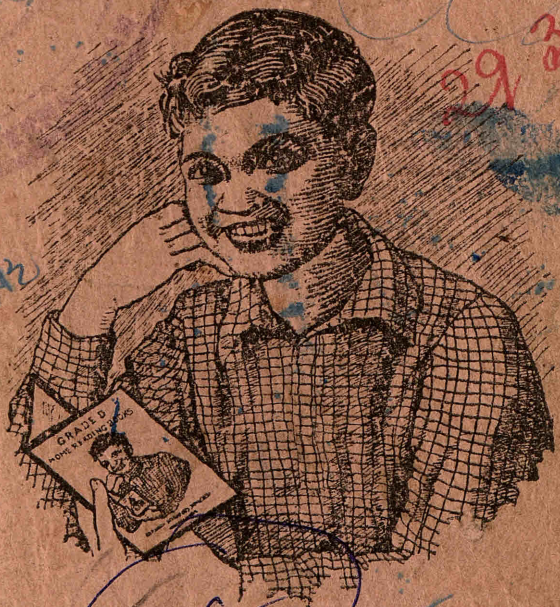
2932

★ GRADED ★

HOME READING BOOKS



328

STANDARD VIII. BOOK II

HELP YOURSELF

2932

GRADED

HOME READING BOOKS

FOR SCHOOL LIBRARIES

STANDARD VIII SERIES

BOOK II

HELP YOURSELF

Editor

A. Sankara Pillai, M. A., M. Ed.,

Formerly

Lecturer, Training College, Trivandrum.

F. I. EDUCATIONAL PUBLISHERS

THYCAUD : : TRIVANDRUM.

1957

[*Price 8 As.*

Copies : 500

PRINTED AT
ST. JOSEPH'S PRESS.
TRIVANDRUM - 1

2932

HELP YOURSELF

1. THE BOY

Long long ago[1] there lived an old man. He had an only son named Gopal. The boy was only sixteen years old; but he was very tall and strong. He helped his father in his work.



They lived in a small village. There was a market[2] in the next village. It was ten miles away.

---

1. long long ago–വളരെക്കാലങ്ങൾക്കു മുൻപ്
2. market-ചന്ത

Gopal's father was a cart-man.[1] He had a cart and two bullocks. He taught his son to drive the cart.

There was a rich farmer[2] in the village. His brother had a shop in the market. He sent him goods[3] from the village. He gave them to Gopal's father and the old man took them to the market in his cart.

Days went by and the old man fell ill. He could not go out

---

1. cart-വണ്ടി cart-man-വണ്ടിക്കാരൻ
2. farmer-കൃഷിക്കാരൻ
3. goods-സാമാനങ്ങൾ

to work. One day he called his son to his side and said, "Tomorrow is market day. The farmer may have some goods to send. Go and ask him about it." So Gopal went out to see the farmer.

TEST. Choose the right word and fill up the blanks.

1. Gopal was only ——— years old.
(eight, sixteen, forty)

2. His father was a ———
(farmer, teacher, cart-man)

3. The old man fell———
(down, ill, off)

4. He could not go out———
(to play, to work, to sell)

2. THE FARMER

When Gopal went to the farmer's house, he was not at home. But his son was there. "My father is not here", the boy said. "But he wants you to take some rice[1] to the market to-morrow." "My father is not well," said Gopal. "But I shall come and take the rice to the market. When do you want me to come?" "Come in the morning," said the boy. "Shall I come at six o' clock?" Gopal asked. "No," said he, "come at seven. The rice will be ready only by seven."

---

1. rice–ভাত Read:-rise, rice.

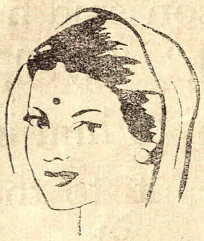
So Gopal went back to his father and said, "The farmer was not at home. But his son said he had some rice to send." "Well," said the old man, "go to him in the morning and take it to the market. I cannot come with you. But you know the way. Be very careful. Don't stop on the way. Come home before it is dark." "Yes, father" said Gopal, I shall take the rice to market and return[1] home in the evening."

Gopal woke up early in the morning. Then he came out and washed himself. When it was time

---

1. return—come back

for him to go, his mother gave him some food. "Take it with you," she said. "You have a long way to go and you will be hungry. Then you can eat it on the way."



Gopal took the food and put it in a bag. He put the bag in the cart. Then he went off to the farmer. He drove the cart to his door and got down.

The man was standing at the gate. "Good morning," said Gopal. "Good morning," said the farmer. "The rice is ready." "My father is not well," said Gopal. "So he is not coming with me today."

"But can't you take the rice to market?" the farmer asked. "I have thirty bags of rice." "Yes." said Gopal. "I can take it. I know your brother's shop." Then the farmer showed Gopal the bags. "Please take them" said he, "and put them in the cart."

The bags were heavy[1]. But Gopal took them one by one and put them in the cart. They are very heavy" said Gopal. "Do you want me to take all the thirty bags? Shall I keep five bags here? I will take them to market to-morrow. Will that do?" "You must take all the bags today," the farmer said. "They are very heavy" said Gopal.

---

1. heavy—ഘനമുള്ള

Then the farmer said "Your bullocks are strong and the road is good. Please take all the thirty bags today." "Yes" said Gopal.

TEST. Choose the right word and fill up the blanks.

1. Gopal went to the——
(shop, farmer, village.)
2. The farmer was not ———
(here, well, at home.)
3. He had some——to send.
(rise, rose, rice.)
4. Gopal——up in the morning.
(woke, came, went.)
5. His mother gave him some——
(goods, food, water.)
6. The farmer gave him thirty bags of—
(books, rice, cloth.)
7. Gopal put them in his——
(rooms, cart, pocket.)
8. Match the following:-

The road is	heavy.
The bags are	strong.
The bullocks are	good.

——

3. ON THE WAY

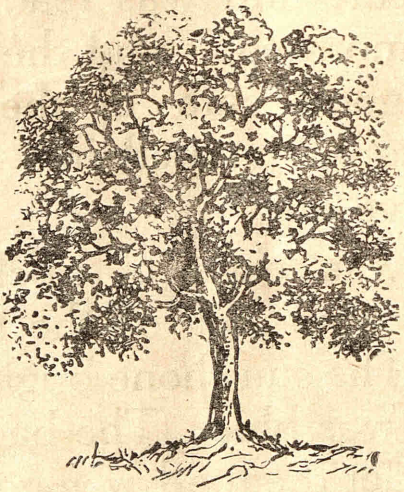
Gopal put all the thirty bags in the cart and was ready to go. "Good morning," said the farmer. "Take good care of the bags." Then Gopal jumped into the cart and drove off.

It was eight o' clock when Gopal came out of the farmer's house. The sun shone brightly and the sky was blue. The bags were heavy. But the road was good and the bullocks were strong. So the cart moved[1] quickly.

When he had gone five miles, he became hungry[2]. "I shall get down and eat the food," he said. He stopped the cart and jumped

1. move-നീങ്ങുക move, moved, moved.
2. hungry-വിശപ്പുള്ള

down. There was a well on one side of the road. A big tree stood on the other side. Gopal drew



some water from the well and washed his hands and face. Then he sat down under the tree and ate the food.

When Gopal was eating, it began to rain. The wind blew[1]

---

1. blow-ഊതുക blow, blew, blown

from the west. It blue the clouds across the sky. Rain fell. Then Gopal jumped up. "The rice will get wet," said Gopal. He took a thick cloth and put it over the bags. "Now they won't get wet," he said.

There was no shop or house near by. Gopal had no umbrella. So he sat under the tree. But there was heavy rain and he got very wet.

It rained for an hour. Then the wind blew the clouds away. The sky became clear and the sun shone brightly.

"Now I shall start[1]" said Gopal.

---

1. start-പുറപ്പെടുക start, started, started.

"I must reach[1] the market before twelve o' clock."

So he jumped on the cart. "Go on," he said to the bullocks and he drove off.

TEST. Choose the right word and fill up the blanks.

1. It was eight o' clock —— Gopal came out of the farmer's house.
   (and, when, who)
2. Gopal became hungry —— he had gone five miles.
   (when, and, who)
3. He sat down —— ate the food.
   (when, and, who)
4. It began ——
   (to rain, to rise, to fall)
5. Gopal had no ——
   (shirt, coat, umbrella)
6. So he got ——
   (dry, wet, ill)

---

1. reach-എത്തുക reach, reached, reached.

4. THE WHEEL

It was eleven o' clock. Gopal had five miles more to go. "If it does not rain again," said Gopal, "I shall be in the market before twelve."

But the road was bad after the rain. There was water every where and the cart moved slowly[1]. "The road is bad," said Gopal, "and the bags are heavy. The bullocks are walking slowly. It will be late when I return home today."

Before he had gone a mile, the road became very bad. There

---

1. slowly—സാവധാനത്തിൽ

were many ruts[1] and the road was full of mud[2]. Some ruts were two feet deep. The cart was moving very slowly. "I must go more quickly," Gopal said. So he turned to the bullocks and cried "Quick, Quick."

The bullocks began to run. Then a wheel fell into a rut and the cart would not move.

But Gopal did not see it. "Quick, Quick", he cried out. The bullocks pulled[3] hard. But the cart did not move. So they stopped

---

1. rut—ചാൽ Read:-cut, rut.
2. mud—ചളി Read;-but, mud.
3. pull—വലിക്കുക pull, pulled, pulled.

pulling. "The cart has stopped", said Gopal. "I'll get down and see what it is." He jumped out of the cart and looked at the wheels.

One wheel was all right. But the other wheel was in the rut. "I must pull it out," he said. "I will make the bullocks pull it out." He jumped into the cart and cried "Go on, Go on." The bullocks began to pull, but the cart did not move. "Why don't they pull it out?" he asked. So he took his stick and beat the bullocks.

They pulled and pulled; yet the wheel did not move. Gopal

grew angry and beat them again. So they pulled again; yet the cart did not move.

Then Gopal jumped down from the cart. He went up to the bullocks and said "Go on, pull."

They pulled and pulled. But they could not pull it out of the rut. "What shall I do now?" Gopal said. "The bullocks can't pull it out. Who will help me now?" He looked round for help. But there was no one to help him. Gopal looked up. The sun was shining brightly. It was twelve o' clock. "I am late," said he.

Gopal did not know what to do. He walked up and down the road. Then he sat down.

TEST. Match the following:–

The road was	again and again.
It was full of	bad.
One wheel fell	did not move.
The bullocks pulled	into the rut.
But the cart	ruts.

---

5. LORD KRISHNA

Gopal sat there for a long time. "Who will help me?" he asked himself. Then he thought of Lord Krishna.

There was a temple of Krishna in his village. Gopal's mother went

to the temple[1] every day. He had gone there many times when he was a little boy. He had seen his mother pray[2]. 'O Krishna,' she would pray, "help me."

The boy knew many stories about Krishna. His mother had told him those stories. "Krishna is the God of love," she would say. "He helps those who are helpless." "I'll pray to Him for help," said he.

So he closed his eyes and prayed. "O Krishna," he said "come and help me. Pull the

---

1. temple—ക്ഷേത്രം
2. pray—പ്രാർത്ഥിക്കുക
   pray, prayed, prayed.

wheel out of the rut." He sat praying for a long time. Then he saw a bright light and opened his eyes. Krishna was standing before him.

Gopal saw Him, but did not know who He was. "Who are you?" the boy asked. "I am Lord Krishna," He said. "Don't you know me?"

Gopal fell at his feet. "O Krishna," he said "help me." "Get up, Gopal," Krishna said. "What can I do for you?" "Pull the wheel out for me," he said. "Can't you pull it out yourself?" Krishna asked. "No," said Gopal, my

bullocks can't pull it out." "Did you help them?" Krishna asked. "Did you put your shoulder to the wheel?" "No," said the boy. "Then I won't help you," said Krishna. "I help only those who help themselves."

Then Gopal fell at Krishna's feet and prayed, "Help me. I do not know what to do." "You must help yourself," answered Krishna. "How can I help myself," Gopal asked "Tell me and I will do it." "Go to the cart," said Krishna "and take some of those bags and put them down." So Gopal took some bags out of the

cart. "Now, put your shoulder to the wheel," said Krishna "and pull the wheel out of the rut." Gopal put his shoulder to the wheel and cried to the bullocks, "Go on, pull."

The bullocks pulled the cart when Gopal put his shoulder to the wheel. Then the wheel turned and the cart moved.

"Go on, pull again," Gopal cried.

The bullocks pulled hard and the wheel came out of the rut. The cart began to move.

Gopal was very happy.

"O Krishna," said he "you have taught me to help myself."

Krishna laughed.

"Do your best," said He "and then pray to me and I will help you. But if you don't do your best, I won't help you. God helps those who help themselves."

The sky became bright when he said this and Gopal closed his eyes. When he opened them, Krishna was not there.

But his words rang in his ears. "Help yourself. Put your shoulder to the wheel."

TEST. Choose the right word and fill up the blanks.

1. Then Gopal —— to Krishna.
(went, prayed, gave)

2. Krishna —— to him.
(ran, came, saw)

3. Krishna helps those who help——
(himself, yourself, themselves)

4. Krishna said, "Help——"
(himself, herself, yourself)

5. Put your —— to the wheel.
(hand, head, shoulder)

6. Gopal put his shoulder to the wheel and it ——
(move, did not move, moved)

---

6. THE TEMPLE

Gopal felt sad when Krishna went away. "Where are you, Krishna?" he cried. But there was

no answer. "This is the place[1] where Krishna stood," said he. "I will put a stone here." He took a big stone and put it there. "Now I will go to market" said he. Then he jumped on the cart and drove off to market.

It was two o'clock when he came to the shop. He gave the bags of rice to the farmer's brother. "Now I shall go home," said he. So he got into the cart again and went home.

When he came to the place where he had met Krishna, he

1. place–ಸ್ಥಳ

stopped. The stone was there. "This is the place where Krishna stood," said he. He sat there for some time. Then he got into the cart and drove home.

It was evening when he came home. The farmer was standing at the gate. "Why are you late?" he asked Gopal.

Then Gopal told him the story.

When the King of that country heard the story, he sent for Gopal and said, "Take me to the place where Krishna stood. I will build a temple there."

Then Gopal took the King to the spot and showed him the stone.



"This is the place where Krishna stood," said he. The King built a beautiful temple there.

Many people go to the temple every day to pray to Lord Krishna.

TEST. Choose the right word and fill up the blanks.

1. The King heard ——
   (the song, the story)
2. Gopal took him to the spot— Krishna stood.
   (where, were, wear)
3. The King built a —— there
   (school, temple, palace)

FINAL TEST

Complete the following sentences:—

1. When Gopal was sixteen years old.....
   (i) his father died.
   (ii) his father fell ill.
   (iii) his father sent him to school.

2. One day a farmer asked Gopal.....
   (i) to take thirty bags of rice to market.
   (ii) to take him to market.
   (iii) to give him his cart.

3. Gopal put the bags into the cart and...
   (i) went home.
   (ii) sold them.
   (iii) drove off to market.

4. When he had gone five miles...
   (i) he saw a friend.
   (ii) he came to a river.
   (iii) it began to rain.

5. The cart moved slowly...
   (i) because the road was covered with mud.
   (ii) because the bullocks were not strong.
   (iii) because Gopal was tired.

6. One of the wheels fell into a rut and...
   (i) the cart moved quickly.
   (ii) the bullocks could not pull it out.
   (iii) Gopal fell down.

7. As they could not pull it out...
   (i) Gopal cried.
   (ii) Gopal asked his friend to help him.
   (iii) Gopal prayed to Lord Krishna for help.

8. Lord Krishna came to Gopal and said...
   (i) "Go home."
   (ii) "I won't help you."
   (iii) "Put your shoulder to the wheel."

9. When Gopal put his shoulder to the wheel...

(i) the cart did not move.
(ii) the bullocks ran away.
(iii) the cart began to move.

10. Lord Krishna taught Gopal...

(i) to drive the cart.
(ii) to pull the wheel out.
(iii) to help himself.

11. The King built a temple on the spot...

(i) where Gopal sat.
(ii) where the rut was.
(iii) where Krishna stood.

2932

2952.

GRADED
HOME READING BOOKS

(FOR SCHOOL LIBRARIES)

Well-graded in vocabulary and sentence-patterns ..... a welcome addition to any school library.

PRINCIPAL KORAH M. MANI.

'Interesting stories told in simple English.'

PROF. S. M. KARAYALAR.

'A set of fine tales well told in easy style. Graded in just the way a Rapid Reading Series should be.....aid to the growth of vivid impression and correct expression. Clearly printed and neatly got up.'

SRI. K. J. LEENOSE.